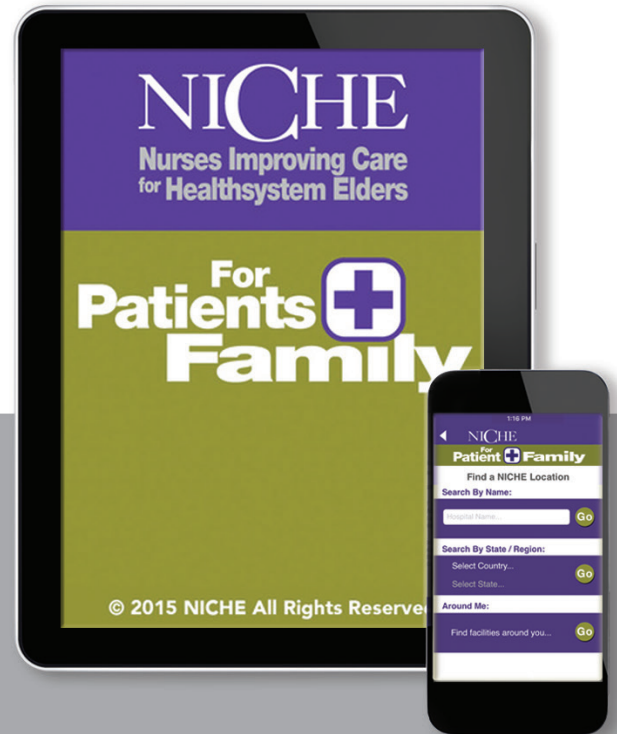


## Add the NICHE for Patient+Family App to Your Family Resources Toolkit!

Now your patients and their families/caregivers have access to these all-in-one-app resources on their smartphones and tablets...



### Need to Know by NICHE Series -

Prepares older adults and caregivers for the realities of hospitalization and transitions between home, hospitals, and nursing homes.



### Going & Coming Home Checklist -

What to bring to the hospital, what is needed if staying, and what to do when leaving.



### Find a NICHE Facility -

Easy "around me" and search by hospital name, state/region, and country.



### NICHE Facebook & Pinterest -

Healthcare guidance, product/service information and lifestyle ideas...updated daily



iPhone & iPad



Android & Tablet

**Go to your app store or the NICHE website to download today!**

*Thank you to the Baylor Scott & White Health Center for Learning Innovation and Practice for their contribution in the development of this NICHE app.*

## NICHE for Patient+Family App

### Overview

The NICHE for Patient+Family Mobile App helps prepare older adult patients and their caregivers for the realities of hospitalization and transitions between home, hospitals, and nursing homes.

### Features & Benefits

**Feature:** Content details common problems experienced by older adult patients

**Benefit:** Provides both the reasons and specific steps for patient and family actions to participate in and improve their care

**Feature:** Written in simple, easy-to-understand terms

**Benefit:** Accessible for a wide range of healthcare consumers

**Feature:** Provides the tools for patients and families to discuss care with nurses and doctors

**Benefit:** Promotes better communication with the healthcare team

**Feature:** Content presented in four categories: The Body, The Mind, Safety, and Transitions

**Benefit:** Content includes guidance in dealing with 24 older adult healthcare issues. Organized for fast, easy navigation

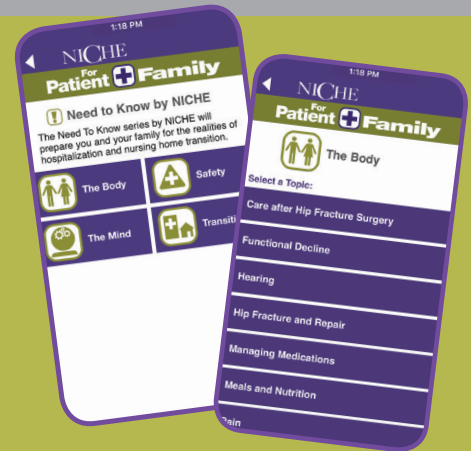
**Feature:** Contains helpful checklists and functionality

**Benefit:** Provides information on items and information to gather during hospital arrival, admission, and discharge periods. Also includes function for locating NICHE Designated Hospitals.

### Application

The information is age-group and context-specific as it addresses needs of both older adults and families in the acute care episode. In order for it to be accessed in the ideal timeframe of prior to and/or during the hospitalization, nurses should provide information about the app in pre-admission education sessions, the patient rooms, and other hospital spaces and media. The app is available to the public for free on the NICHE website and via Apple iTunes and Android App Stores. The Baylor Scott & White Health Center for Learning Innovation and Practice contributed to development of the app.

## NICHE PORTFOLIO



### NICHE for Patient+Family App Topics

#### The Body

- Care after Hip Surgery
- Functional Decline
- Hearing
- Hip Fracture and Repair
- Managing Medications
- Meals and Nutrition
- Pain
- Palliative Care
- Patient Environment
- Preventing Problems after Hip Fracture Surgery
- Skin Care: Pressure Ulcers
- Sleep
- Vaccines
- Vision

#### The Mind

- Communicating with the Healthcare Team
- Delirium
- Dementia
- Depression
- Managing Medications
- Palliative Care
- Patient Environment
- Sleep

#### Safety

- Falls
- Patient Environment
- Restraint Use

#### Transitions

- Dementia
- Discharge
- Emergency Department