

2015
Community Services Plan
Summary Table



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Bassett Healthcare Network Tri-Town Regional Hospital

County	Hospital	Priorities	Focus Areas	Goals	Interventions
Delaware	Bassett Healthcare Network Tri-Town Regional Hospital	Prevention Chronic Disease	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity	<p>Establish joint use agreements to open public areas and facilities for safe physical activity; mark, map, and promote New York State Department of Conservation (DEC), New York City Department of Environmental Protection (DEP), and other public use areas for hiking, walking, and paddling.</p> <p>Encourage municipalities to adopt, strengthen and implement local policies and guidelines that facilitate increased physical activity for residents of all ages and abilities by adopting complete street policies, connect roadways to complementary systems of trails and bike paths.</p> <p>Partnered with the Rural Health Alliance of Delaware County to host national traffic safety and health consultant, Mark Fenton. Mark presented to municipalities in February and again in October.</p>
				Prevent childhood obesity through early child-care and schools	Promoted the use of Prescription Trails in local School Based Health Centers. Encouraged community presentation in the 1,000 Mile challenge- which encouraged community members to walk 1,000 miles in 2015.
				Expand the role of healthcare and health service providers and insurers in obesity	Increase the capacity of primary care providers to implement screening, prevention and treatment measures for obesity in children and adults; Adopt Prescription Trails program in the

				prevention	<p>hospital and local primary care sites, and school based health centers.</p> <p>Link health care-based efforts with community prevention activities; promoting prescription trails program in Delaware County.</p>
			Promote Mental Health and Prevent Substance Abuse	Strengthen Infrastructure for Mental, Emotional and Behavioral (MEB) health promotion and MEB disorder prevention	<p>Participate in MEB health promotion and MEB disorder prevention partnerships. Participate in Rural Health Alliance of Delaware County Mental Health Committee</p> <p>Collect data on the number of suicide attempts, ideation, reported in emergency rooms in Delaware County.</p>