THE CUPOLA



Spring 2020 Vol. XXIV No. 1

The Bulletin of The Medical Alumni Association of Bassett Medical Center Cooperstown, New York

Valentine's Soiree Honored Beloved Physician and Educator

It was a night to remember filled with dancing, fine food, festivities and prizes. Wintry weather did not diminish a crowd of admirers from gathering at the Otesaga Hotel to honor James Dalton, M.D., who has dedicated more than 30 years to Bassett, first as an Internal Medicine resident,

then as an attending physician and currently as the director of the Medical Education program. The annual Valentine's Soiree hosted by the Friends of Bassett on Saturday, Feb. 8, 2020, drew more than 360 guests and raised \$250,000 in support of the Medical Education program at Bassett Medical Center.

As William F. Streck, M.D., CEO of Bassett Healthcare Network, observed, "This year's event resonated with a Valentine's Day theme of appreciation and affection in honoring Dr. James Dalton. The overflow crowd warmed to the opportunity to let him know

how much all value his efforts as a physician, educator and community member."

This evening of entertainment and friendship brought together many of Dalton's colleagues from Bassett, as well as community members, patients and alumni of Bassett's Medical Education program. The evening included a Silent Auction featuring prizes such as jewelry, a week's vacation on Hilton Head, a 10-day stay in an English cottage, private four-course dinner for 12 at the Otesaga Resort, and more.

Deb and Jim Dalton

Funds Support Medical Education

Bassett has a rich tradition as a center for learning. A strong graduate medical education program with a focus on the central mission of excellent patient care has been entwined in its history for many decades. In recognition of James T. Dalton, M.D., the director of Medical Education program and program director of the Internal Medicine

residency, the proceeds from the 2020 Valentine's Soiree are designated to the Medical Education programs at Bassett Medical Center.

The medical education training experience at Bassett has been characterized by its outstanding faculty, an atmosphere that nurtures one-on-one teaching, and robust institutional commitment. The presence of a strong teaching program has provided Bassett an advantage in attracting high-caliber students and residents as well as talented clinicians and medical administrators who serve as faculty. The responsibility of training

students and residents requires the Bassett medical staff to stay current in their practices thus ensuring the best in patient care.

Proceeds from this soiree and contributions in honor of Dalton will help support faculty development and ensure that Bassett's programs continue to be state-of-the-art. Curriculum enhancements and ongoing faculty training will enable Bassett to continue offering meaningful and transformative educational opportunities to its medical students and residents.

Valentine's to page 2

Medical Education to page 2

Message from the President of the Medical Alumni Board of Directors



Kenneth Wilkins, M.D., President, Board of Directors

As I write this from North Carolina, our azaleas and dogwoods are blooming. We've had several days in the 70s, plus a couple in the 80s. And it snowed in Cooperstown last night!

Take a break from the weather and the dire effects of COVID-19 on our citizens and our economy to enjoy this edition of *The Cupola*.

The Valentine's Soiree sounds like the event of the year for Cooperstown. The evening couldn't have had a better honoree: Jim Dalton who was a medical resident a year ahead of me. I was fortunate to benefit from his skills as a clinician and a teacher. He is helping to maintain a long tradition of excellence in teaching and patient care at Bassett.

The remainder of this issue is also worthy of your attention. We are all saddened by the death of Ted Peters, a long-time member of the Bassett community. My favorite section is always the Family Album. Please stay in touch; we love to hear what the alumni are doing.

All of us are struggling with COVID-19. It seems as if we're living in a Stephen King novel, only worse. Here's hoping that all of you stay well and that we see that curve flatten sooner rather than later.

The Cupola is the newsletter of the Medical Alumni Association of Bassett Medical Center. The Association was founded to provide support and recommendations to Bassett's Medical Education Department: to assist in recruiting medical students, house staff and attending staff; and to provide financial support to develop and enhance medical education at Bassett.

The Medical Alumni Association of **Bassett Medical Center**

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The Cupola is published three times a year. Please send comments and news, including change of address information to: Editor, The Cupola, Office of Medical Education, Bassett Medical Center, One Atwell Road, Cooperstown, NY 13326 or e-mail cupola@bassett.org.

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FLAT Graphics Design and Production

Medical Center President Named Top Doctor



Army National Guard Lt. Col. William LeCates, M.D.

Army National Guard Lt. Col. William LeCates, M.D., president of Bassett Medical Center, has been selected as the New York Army National Guard's top medical advisor. LeCates will serve as the New York Army National Guard state surgeon.

As New York Army National Guard state surgeon, LeCates will be the senior medical

advisor to Maj. Gen. Ray Shields, the adjutant general of New York. He will oversee the Army National Guard medical practitioners and the medical readiness of National Guard Soldiers and ensure that they adhere to the Department of Defense. New York state and national medical standards.

LeCates is a veteran of the war in Afghanistan having deployed there twice, and to Liberia in 2015 to help combat tropical and infectious diseases, which included an outbreak of the Ebola virus. He joined the New York National Guard in 2009.

LeCates is a nephrologist, a specialist in kidney diseases and hypertension, who studied at Johns Hopkins University School of Medicine for ten years, which included a residency and fellowship.

LeCates will do this role while still serving as president of Bassett Medical Center. He has been with the medical center since 2003 and previously served as medical director and vice president of medical affairs.

Reported by Tech. Sgt. Ryan Campbell for the New York National Guard at the Defense Visual Information Distribution Service

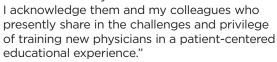
Photo credit: Courtesy Photo New York National Guard

Valentine's from page 1

A group of physician-donors enabled current residents and medical students to attend by underwriting their entry fees to the soiree. The event's program booklet offered an impressive list of well-wishers who made contributions to honor Dalton.

This year's fundraising project, the medical education program, ideally reflects

Dalton's interests and professional pursuits, as well as his commitment to the Bassett organization. "I am humbled and honored to be recognized by the Friends of Bassett. There are many who are more deserving of praise because their vision, labors, and leadership helped establish and shape Bassett's commitment to the medical education mission over the years.



As a resident from 1979 to 1983, Dalton did not imagine that he would return to practice at Bassett and eventually assume a leadership role in graduate medical education. When offered a position in Primary Care, he knew that this opportunity would enable him to pursue the kind of practice he wanted—one in which he could work with and for his patients in a mission-driven institution that shared his vision of healthcare.

Dalton knew that his work at Bassett would include training residents and teaching, and he saw these responsibilities as enrichments to patient care. He asserts that presently Bassett's residency programs are strong and offer tremendous creative opportunities.

When not occupied with patients, or residents, or administrative duties, Dalton has many hobbies. He loves gardening and fly fishing. He sings with his church choir and the local group called Ah Coopella. He volunteers with

> community organizations and serves as a board member of Otsego 2000.

The Dalton family joined in sharing this honor. Dalton and his wife Deb have been married 41 years. They have two grown children and one grandchild.

The annual Valentine's Soiree is organized by the Friends of Bassett, the philanthropic foundation of Bassett Healthcare. The Friends of Bassett

conduct a wide range of fundraising activities to support the organization and ensure that it meets its threefold mission of patient care, medical education and research.



Medical Education from page 1

Friends, colleagues, former students and residents are welcome to join in honoring Dalton with a contribution of any amount to the Friends of Bassett using the envelop enclosed in this newsletter or on-line at www.friendsofbassett.org. If you wish to make a long-term impact with a contribution to the Medical Education Endowment Fund, please contact the Friends of Bassett office at 607-547-3928 or by email at friends.office@bassett.org

Columbia-Bassett Medical School Program Class of 2023



Front Row (L-R): Megan M. Brennan, M.D., Anna Frappaolo, Rebecca Allen, Mary Holderness, Amy Block, Maxine McGredy, Amanda Wang, Henry F. Weil, M.D. Back Row (L-R): Yongha Kim, Nicholas Waring, Alexander Northrop, Brett Seeley-Hacker

Columbia-Bassett Class of 2020 Match

The 2020 class of the Columbia-Bassett Program entered the National Resident Matching Program (NRMP) Main Residency Match this year. Please join us in congratulating these graduates on their success. Their residency results are:

Leah Apple, M.D., Psychiatry, Hospital of the University of Pennsylvania, Philadelphia, Pa.

Ethan Ayers, M.D., Orthopedic Surgery, NYU Winthrop Hospital, Mineola, N.Y.

Emma Gerstenzang, M.D., Pediatrics, Children's Hosp Philadelphia, Philadelphia, Pa.

Christopher Jackson, M.D., Transitional Year, Memorial Sloan Kettering, and Radiation Oncology, Memorial Sloan Kettering, New York, N.Y.

Kimberly Leon, M.D., Family Medicine, Kent Hospital/Brown University, Warwick, R.I.

Rachel MacLean, M.D., Psychiatry, Massachusetts General Hospital, Boston, Mass.

Alison McIlvride, M.D., Medicine-Preliminary, Englewood Hospital, Englewood, N.J. and Radiology-Diagnostic NYP Hospital-Weill Cornell Medical Center, New York, N.Y.

Stephen Sammons, M.D., Internal Medicine, University of Utah Health, Salt Lake City, Utah

Mark Travor, M.D., Transitional Year, Bassett Medical Center, Cooperstown, N.Y. and Ophthalmology, Dartmouth-Hitchcock Medical Center, Lebanon, N,H.

Benjamin Wagner, M.D., Internal Medicine, Beth Israel Deaconess Medical Center, Boston, Mass.

Caitlin Yumori, M.D., Internal Medicine, UCLA Medical Center, Los Angeles, Calif.

Deferred: Devin Beecher and Eric Sun

Residents Awarded Fellowships

Six residents completing their residency training received appointments into prestigious fellowships. They are:

Asadulla Chaudhary, M.D., (General Surgery resident), Minimally Invasive Surgery, Cleveland Clinic Florida, Weston, Fla.

Patricia Escaler, M.D., (Internal Medicine resident), Infectious Diseases, University of Rochester/Strong Memorial, Rochester, N.Y.

Kristin Hoover, M.D., (Internal Medicine resident), Nephrology/Critical Care, University of Kentucky Medical Center, Lexington, Ky.

Maryam Khavandi, M.D., (Internal Medicine resident), Cardiovascular Disease, Albert Einstein Medical Center, Philadelphia, Pa.

Ploypin Lertjitbanjong, M.D., (Internal Medicine resident), Pulmonary/Critical Care, University of Tennessee Health Science Center, Memphis, Tenn.

Javeria Zaidi, M.B., B.S., (Internal Medicine resident), Hospice and Palliative Medicine, NYU Winthrop Hospital, Mineola. NY.

New Program Director Named



Erik P. Riesenfeld, M.D.

Erik P. Riesenfeld, M.D., was appointed program director of the Transitional Year Residency Program at Bassett Medical Center replacing Eric Knight, M.D., who served in this role for 13 years.

Riesenfeld is an attending physician in Pulmonary Medicine and Critical Care. He earned his medical degree from the University of Rochester School of Medicine and Dentistry. He did a residency in internal medicine at University of Vermont/Fletcher Allen Health Care, and a post-doctoral

research fellowship in Pulmonary and Critical Care Medicine at Vermont Lung Center/ University of Vermont. He has been at Bassett since 2011.

Physician Employment Opportunities in the Bassett Healthcare Network

Thinking of a career move? Do you know another physician seeking a position in an award-winning network of six hospitals and 30 regional sites? Consider these openings in Central New York and Cooperstown.

Anesthesiology (General and Cardiac)

Cardiology (General and EP)

Dentist

Hematology Oncology Otolaryngology

Pediatrics

Physiatrist

Primary Care (Family Medicine and Internal Medicine)

Pulmonary/Critical Care

Rheumatology Urology

For more information visit: http://recruitment.bassett.org/physician-jobs/ or call the Medical Staff Affairs office at 607-547-6982.

THE BASSETT FAMILY ALBUM — ALUMNI NEWS

Please keep your notes and photos coming!

1960s

Bruce McClennan, M.D.

(Rotating resident 1967-68) Retired after 20 years at Yale University and as professor emeritus, he writes, "I'm able to travel and indulge my favorite pastime which is skiing. This photo is on day 19 at Mount Bachelor in Bend Oregon this season. I do miss the old days when as an intern I could ski at Mount Otsego. Actually, I earned my national ski patrol credentials at that time also. Practicing some 'social distancing' but still enjoying life in Chicago where all the children live as well. My time as a recent member of the medical alumni board at Bassett Healthcare has been one of my most favorite activities. It also allows me to return to my roots back east at least once a year."



Bruce McClennan, M.D.

1970s

Terry Zumwalt, M.D.

(Rotating internship 1971-72, Obstetrics-Gynecology resident 1972-75) presented to the 13th Annual Microcurrent Annual Conference in October on "Rapid Treatment of PTSD Part 2: Sexual Trauma-BAUD [photons-electrons-phonons]. This BAUD sound wave treatment has been shown to be the most effective and rapid treatment for chronic combat stress based on "CAPS" score data in combat veterans. Her presentations are available on YouTube.

Juris Bunkis, M.D. (Surgery resident 1974-79) writes, "From Bassett, I went on to Brigham and Women's for my plastic surgery residency, taught at UCSF full time for a while, clinical faculty as well, and private practice since the mid 80s. I am still going strong with my private practice. Since 2011, I have been the Latvian Consul for the Republic of Latvia and am very active with the Los Angeles Consular Corps."

Richard Yarger M.D.

(Surgery resident 1976-79) had a long and busy surgery career in many settings. He retired from active practice in surgery 2015. He and his wife Barbara will celebrate their 45th wedding anniversary in July. Yarger writes, "The greatest professional achievement of our lives. mine and Barbara's, is the creation of a medical device company, SurgiMark, based on the invention of a surgical suction instrument that combines Yankauer and Poole, the most common suction instruments in the world, into one instrument that provides the two modes of suction without the need to change suction instruments. I take pride in the knowledge that we have made a significant contribution to surgical healthcare by improving safety, efficiency and performance, thereby, providing healthier outcomes for the patients served."

1980s

Robert E. Sheep, M.D.

(Surgery resident 1980-83) reports he is enjoying retirement from a general surgery practice that spanned 35 years. He and his wife Diane reside in Chambersburg, Pa. He's active golfing, running, and bicycling. He writes, "Diane enjoys cooking, sewing, gardening,

and most especially being an exceptional mother and grandmother." They are proud to share that their oldest of three sons, Andrew, is an Emergency Medicine physician who teaches residents in Nevada. He adds, "Andy grew up in Fernleigh Over while I was a resident at Bassett. We also are grandparents to four grandsons."



Robert E. Sheep, M.D. with wife Diane

Robert Walker, M.D.

(Transitional Year resident 1985-86) found the group photo of the 1985-86 Bassett house staff that you see on the next page. He writes, "I was a transitional intern standing front row sixth from left." He sends his "hello" to everyone from that challenging and memorable year.

Gerald Kolski, M.D.

(Attending Pediatrician/ Allergist 1986-93) reports that he is semi-retired working as a locum in allergy-immunology. In the past year, he and his wife Sue have done a lot of traveling to Arizona, Chicago, London, Normandy (France), and Cabo with children and grandchildren. He is happy to share that two of their grown children work in medicine. Son Brian an interventionist in Cardiology living with his family in Orange County, Calif., and his daughter Melissa a doctor in Physical Therapy at Shirley Ryan Ability Lab, and a therapist for U.S.

Paralympic Team. His daughter Andrea is an attorney in Conroe, TX.

Thomas A. Pearson, M.D., Ph.D. (Director of Research Institute 1988-97) is professor of Epidemiology and Medicine at University of Florida Health Science Center in Gainesville. He directs the Education and Training for their NIH-funded Clinical and Translational Science Award Program and the University of Florida M.D./Ph.D. Program. He still publishes on rural health topics and sees patients in a lipid disorders clinic. He and his wife Joyce really love Gainesville, a busy college town with lots of bird watching and kayaking opportunities. They have a house on Keuka Lake to escape from Florida's summer heat. He adds, "I have developed a small vineyard on Keuka Bluff where we grow Concord grapes to sell for juice, Riesling wine grapes to sell to a great local wine maker and enjoy lots of other things there including grandchildren."



Thomas A. Pearson, M.D., Ph.D.

Ditte Phillips M.D. (Medicine resident 1989-93) has been practicing rural primary care in the mountains of Western North Carolina for 22 years in the same practice. She writes, "It has truly been a privilege to see patients through these decades."

Family to page 5

Family from page 4

She lives on a small farm outside Asheville with two dogs, two cats, two horses and a goat. "When I'm not at the office I am outside caring for the crew here, soaking in the beauty of the Smokies and Blue Ridge Mountains, sometimes on horseback.

1990s

S. Patrick Kachur, M.D.

(Transitional Year resident 1990-91) moved from his role as the chief of the Malaria Branch at the Center for Global Health, Centers for Disease Control and Prevention, to a professorship of Population and Family Health at the Columbia University Medical Center. Congratulations!

Joseph Bell, M.D. (Surgery resident 1993-99) was named vice president and medical director of perioperative services at Saratoga Hospital. This new position was

created in response to the significant growth in the number and complexities of procedures performed there. **Congratulations Dr. Bell.**

2000s

Fred Kaplan, M.D. (Attending Internal Medicine physician 2009-16) sent the photo below as proof that, "I am still alive, still practicing (three days a week) and enjoying my time off fishing in the Gulf flat waters when I can. That's a 35-lb. black drum that almost pulled me off the boat." He sends his best wishes to all at Bassett.



Fred Kaplan, M.D.



Kevin M. Berry, M.D. visiting an ice cream truck with his new bride.

2010s

Kevin M. Berry, M.D. (Medicine resident 2013-14) is

an assistant professor in the Department of Physical Medicine & Rehabilitation at Vanderbilt University Medical Center. He and his wife were married in Nashville in May 2019. Here's a fun photo of the day!

Karn Wijarnpreecha M.D.

(Medicine resident 2015-18) will complete his GI fellowship at Mayo Clinic in June 2021 and will do a Transplant Hepatology fellowship at University of Michigan starting in July 2021.



A reminder: Who are the members of the Bassett Medical Alumni Association?

You are past and current interns, residents and fellows. You are former and current members of

the senior doctoral staff. And you are students of the Columbia-Bassett Medical School program or students who spent your final two years of medical school at Bassett.

Bassett Looks Back



Here's a photo especially for the 1985-86 house staff to rekindle some memories and perhaps to seize the moment to reconnect with past colleagues. Thanks to Transitional resident Robert Walker, M.D. who sent it. (Find him in the first row.) To our alumni from other residency years, it's a good reminder to take out and reexamine the photo of your own Bassett comrades.

Bassett Physicians Shine

Despite busy patient loads, ongoing professional commitments and meeting the daily challenges of balancing work life and family, Bassett medical providers continue to distinguish themselves in the field publishing, sharing their expertise and serving their communities. The editorial

dedicated colleagues.

committee is introducing a column calling attention to a few of these

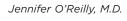


Kathryn Doughty, M.D.

named to the Pediatric Evaluation Committee for the American Academy of Orthopaedic Surgeons (AAOS). Among other duties, committee members prepare the pediatric orthopaedic Self-Assessment Examination every two years. They also provide examination questions for other AAOS educational programs to help practicing pediatric orthopaedic surgeons remain current. Doughty is an active member of both the Pediatric Orthopaedic Society of North America (POSNA) and the American Academy of Cerebral Palsy and Developmental Medicine (AACPDM). She serves in many volunteer roles, including with The Perry Initiative, which aims to inspire young women to become leaders in the fields of orthopaedic surgery and engineering,

as well as with ParaSport Spokane,

Kathryn Doughty, M.D., has been



which helps children and adults with disabilities become active in athletics.

Jennifer O'Reilly, M.D., the medical director of Bassett Greene, Sidney, Norwich and Unadilla clinics, has been an integral part of these communities. Recently she was interviewed regarding substance dependency efforts, supported by the Delivery System Reform Incentive Payment Program (DSRIP) in the state.

You can look up the video on www.youtube.com.



David Oxley, M.D.



Brian White, M.D.

David Oxley, M.D., and the cardiology practitioners are applauded for the accreditation of the echocardiography laboratories at Bassett Heatlhcare Network (BHN). The echo labs have been accredited by Intersocietal Accreditation Commission (IAC) for the past six years. This "stamp" of approval demonstrates commitment to quality patient care in echocardiography.

Brian White, M.D. has been named to the Education Committee and Instructor Development Committee for the Spine Intervention Society (SIS). White explains, "In my capacity as a member of these committees I have the ability to direct and steer the process, as well as the future, of both the SIS Instructor program and the educational direction that SIS takes. SIS seeks to provide state-of-the-art, world class training for physicians who seek to learn the best, most scientifically supported techniques for patient care."

Congratulations and thank you for your efforts in taking on these initiatives and making your communities healthier and making Bassett stronger.

Mebust Confirmed As Physician-in-Chief

After a nationwide search, Kai Mebust, M.D., who had been filling the role on an interim basis, has been permanently appointed chief of the Bassett Hospital's

Department of Medicine. He succeeds Charles Hyman, M.D., who stepped down after 10 years.

"Kai's experience and accomplishments as a clinician and as an administrator provide Bassett with the expertise required to provide overall physician leadership to the Bassett organization," said Steven Heneghan, M.D., chief clinical officer.

Mebust has been with Bassett for 16 years as an internist focused on hospital-based medicine. He has served the last decade as chief of Bassett's hospitalist division and for four years as medical director of Bassett's network hospitalist program. Mebust has also been serving as associate chief to



Kai Mebust, M.D.

Hyman since March of 2019 while a national search was conducted for the next physician-in-chief.

> In addition to the duties he assumes as physician-in-chief. Mebust will continue his work as a hospitalist seeing patients admitted to Bassett Medical Center in Cooperstown. "It is important that I continue my clinical practice and remain intimately familiar with the system for which I am responsible." Mebust savs.

Mebust completed his internship, residency, and chief residency at Bassett. He is a Fellow of the American College of Physicians and a Senior Fellow in Hospital Medicine. He assumed the responsibilities of chief of the Department of Medicine Jan. 1, 2020. ■



See our latest news and updates at Bassett Medical Alumni Association

IN MEMORIAM: BASSETT REMEMBERS

Lincoln Edmond Ford, M.D.

Lincoln Edmond Ford, M.D., 81, of Marion, Mass., died November 16, 2019, after a long course of Alzheimer's disease. He was the husband of Susan (Gilbert) Ford.

Born in Boston, Mass., May 14, 1938, he was graduated from Harvard College in 1960 and obtained his M.D. from the University of Rochester School of Medicine in 1965. Ford then served a rotating internship at Bassett Hospital, followed by a residency at the Peter Bent Brigham Hospital in Boston, and then research at the National Institutes of Health in Bethesda, Md., and at University College London (U.K.). He was on the cardiology faculty of Pritzker School of Medicine at the University of Chicago and retired in 2007 as Professor of Medicine from the Indiana University School of Medicine in Indianapolis, Ind.

Throughout a distinguished career in cardiology and basic physiology, he pursued numerous hobbies, including sailing, skiing, swimming, bicycling, rowing, reading, writing, and more.

He is survived by his wife Susan, three daughters and several grandchildren.

Michael John Garrett, M.D.

Michael John Garrett, M.D., age 67, passed away at St. Luke's Memorial Hospital in Utica, N.Y., on January 26, 2020.

Garrett was born in Belfast, Ireland, on July 23, 1952. Raised in Vancouver, Canada, he attended Emory University and obtained his medical degree from Medical College of Georgia and did a Surgery residency at Bassett from 1980-81, before beginning a long career as an emergency room physician and Medical Director at St. Luke's Memorial Hospital. He was a dedicated teacher at the local EMS Center for responders and finished his career at Oneida General Hospital.

Garrett's true joy in life was riding his motorcycle and he was a beloved member of the Highwaymen Motorcycle Club. He was also an avid mountain climber and hiker, spending time in Lake Placid with his family, and climbing the 46 high peaks of the Adirondacks with his daughter. His crowning achievement was climbing Denali. His passion for cooking and art was loved by all who were lucky enough to experience it.

He is survived by long-time companion, Leslie Lombardoni, of Whitesboro, N.Y., along with two sisters and two children and their families.

Theodore (Ted) Peters, Jr., Ph.D.

Theodore (Ted) Peters, Jr., Ph.D., a nationally known Bassett Hospital research scientist, died March 19, 2020 at age 97. A submariner in World War II, in 1955 as a young biochemist at Harvard Medical school, he was recruited to Bassett by E. Donnall Thomas, M.D., and Joseph W. Ferrebee, M.D., to run the clinical chemistry laboratory and continue his ground-breaking research in the study of serum albumin biosynthesis, initially using the new electron microscope with pathologist Charles Ashley, M.D. He received world-wide acclaim and many awards for his research published in multiple leading medical journals.

A warm and humble person despite these achievements, he left a huge imprint on Bassett colleagues and support staff as well as for his many contributions to the wider Cooperstown community, where he served on village committees for decades specializing in water quality. He was chosen as Otsego County Conservation Association (OCCA) Citizen of the Year in 2007, one of many honors he received in a lifetime of accomplishment. A more detailed celebration of Peters' life will appear in the Summer issue of *The Cupola*.

Donor Profile: Terry Fulmer

"The greatest success story of the 20th century is longevity."

Terry Fulmer, Ph.D., R.N., F.A.A.N., has been a trustee at Bassett Medical Center for 11 years, and most recently has served as chair of the Board. This spring, she returns as a board member with great enthusiasm for all Bassett offers our community every day. Fulmer's leadership and participation at Bassett reflect her passion for the region and its rural health care needs. Having grown up 20 miles north of Cooperstown in Herkimer County, she is grateful to Bassett for the wonderful care our clinicians have provided her family over the years.

Fulmer is best known for her leadership and scholarship in the care of older adults. Contributing cutting-edge literature and creating geriatric-focused programs in response to the world's aging population, she is an elected member of the National Academy of Medicine, the first nurse to serve on the board of the American Geriatrics Society, and the first nurse to serve as president of the Gerontological Society. Fulmer enthusiastically comments that "The greatest success story of the 20th century is longevity. Simply put, my professional mission is to improve care for older adults." When asked when and why she chose geriatrics, she says it



Terry Fulmer, Ph.D., R.N., F.A.A.N.

was from the very beginning of her nursing career and invites us to read the essay she was invited to author by the American Geriatric Society in 2015, Geriatric Nursing 2.0! Fulmer's eye-opening writing considers "the growth and development of gerontological nursing and the transformational changes" she has witnessed over her career.

As president of The John A. Hartford Foundation in New York City, Fulmer facilitated a key donation to the 2020 Valentine's Soirée, the Friends of Bassett Healthcare Network's annual gala fundraiser. Her leadership was instrumental in helping to raise a record \$250,000 for Bassett's Medical Education program. Commenting on

the event that paid tribute to director of Medical Education James Dalton, M.D., who retired from clinical practice this year after more than 30 years as attending physician, Fulmer said how happy she was to lend her support. "Jim is an iconic physician. His loyalty and devotion to Bassett and his patients are well known. There was so much love at the event for him. It was a great big hug for him and for his family."

Fulmer is optimistic about all the progress taking place at Bassett and knows everyone recognizes the jewel we have in Bassett.



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Residency 2020 Match Results Announced

All of Bassett's residency programs had success in the National Residents Match Program 2020 Match. The following is the roster of the first postgraduate year appointments for the 2020-21 academic year:

General Surgery

Arun Chockalingam, M.D., Albany Medical College, Albany, N.Y.

Michael DeRogatis, M.D., Ross University School of Medicine, Bridgetown, Barbados

Kristen Laaman, M.D., University of Virginia School of Medicine, Charlottesville, Va.

Matthew Ward, M.D., University of Washington School of Medicine, Seattle, Wash.

Eunice Yang, M.D.,Geisinger Commonwealth
School of Medicine,
Scranton, Pa.

Internal Medicine

Prem Chand, M.B., B.S., Liaquat University of Medical & Health Sciences, Jamshoro (Pakistan)

Vinaya Jaikumar, M.B., B.S., Trichy SRM Medical College Hospital and Research Centre, Trichy (India)

Ansu Karki, M.B., B.S., Manipal College of Medical Sciences, Kaski (Nepal)

Riddhima Vishwas Naik, M.B., B.S., Gandhi Medical College and Hospital, Secunderabad, (India)

Anamm Polani, M.B., B.S., Ziauddin Medical College, Karachi (Pakistan)

Anshini Shah, M.D., St. George's University School of Medicine, True Blue (Grenada)

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